



Metro Edge FSC Ice Rules / Procedures

The Metro Edge Figure Skating Club has established the following ice rules and regulations for the purpose of providing safe skating conditions, an environment for learning, and an atmosphere for pleasant skating. (01/2007)

1. Metro Edge FSC requires Club members to be "in good standing", in both conduct and finances, in order to skate Club ice sessions, this applies to both skaters and coaches.
2. For safety and insurance purposes only coaches who are Home or Associate members of Metro Edge FSC, are USFS and/or ISI members **AND** have proof of coaches' insurance will be allowed to teach on Club sessions.
3. A monitor will be present for the entire session to check in skaters and play music.
4. In the absence of a monitor, the coaches will be in charge of the session and the music.
5. The monitor is in charge of club sessions and will be enforcing these rules and regulations. Monitors have the power to remove any skater from the ice or deny any skater access to the ice. Be mindful that the monitors are volunteers and therefore must be treated with respect and courtesy regardless of the situation.
6. Skaters must check in with the monitor and pay (unless contracted) prior to taking the ice. The Monitor will check membership status, as a membership roster is included in monitor book. **If you skate for only a half hour of the hour-long session, you MUST pay the FULL hour price.**
7. Only family members may split a session, skaters must skate consecutive 30 minutes, NOT concurrent UNLESS space allows and is approved by the Ice Monitor.
8. Visitors may skate provided they are USFS members, sign the liability waiver/release in the ice book and pay the walk-on fee, only members may purchase coupons. Visitors are limited to 3 sessions per year.
9. Proper skating attire is required on Club ice sessions. No street clothes or hockey skates.
10. Skaters must keep moving unless receiving instructions from a coach; those wishing to talk must get off the ice to do so.
11. Skaters must look both ways when entering the ice.
12. Get up immediately after falling
13. Avoid following (shadowing) other skaters skating a program.
14. Chewing gum, eating, or drinking will not be permitted on the ice. Drinking from water bottles placed on the barrier is acceptable as long as it does not interfere with skaters on the ice.
15. Profanity, derogatory comments, or intentional physical contact are prohibited and will not be tolerated and will be subject to disciplinary review.
16. The bleachers should be used to observe skaters. **ONLY SKATERS, MONITORS, AND COACHES ARE ALLOWED IN THE HOCKEY BOX DURING CLUB SESSIONS.** All others will be asked to leave.
17. Club Ice sessions are recommended for skaters that have tested a minimum of FS1 and/or have tested in USFS (pre-pre MIF and/or Free Skate).
18. A maximum of 20 skaters will be permitted on the ice during a session.

(continued)

19. The following priority should be followed regarding right of way:

1. Skaters performing to music over the ice.
2. Skaters in a lesson with a coach.
3. All other skating.

20. Skaters should not monopolize certain areas of the ice, especially the center and end landing zones.

21. Skaters should use common sense and courtesy to avoid collisions or startling another skater.

22. The first five minutes of any session should be used for warming-up.

23. Program music will be played in the order in which they are turned in to the monitor. The monitor will announce who is up to skate their program, and who is on deck to skate their program. If time allows, a program may be played a second time after all other tapes have been played. A belt will be available and is to be worn by the skater performing a program so others can recognize the skater performing a program.

24. A coach may request that a student's music be played out of order **one time** during that student's lesson. This rule does not apply if there are no others waiting to perform their program.

25. When practicing, skating maneuvers should be performed in these designated areas of the ice. Except when a skater is practicing a program pattern especially to music.

