

**Alcohol/Chemical and/or Tobacco Use and/or Abuse Policy**

The policy of MEFSC is incorporated herein by reference, which currently read as follows:

The use, possession, and/or consumption of tobacco, alcohol, intoxicating liquor, or any controlled substance not prescribed by a doctor, as defined by the Missouri statutes during any club or team events is prohibited. Any athlete who is in violation of the foregoing shall be:

- a) Declared ineligible from participation in individual and synchronized skating contests or activities for a minimum period of six (6) consecutive weeks for the first offense and suspension for any subsequent offense (the length of time of the suspension for the 2nd offense to be determined by the Applicable Board/Committee, and this policy will be supplemented with such decision at such time);
- b) Required to perform community service activities as directed by the Applicable Board/Committee; and
- c) Prohibited from serving in any leadership role for the club or team for the period of time designated by the athlete's coaches.

The period of ineligibility shall begin from the date and time notification is given to the Applicable Board/Committee. In such notification, the Applicable Board/Committee shall also describe the penalty for violating the foregoing, such as additional community services requirements.

If the violation also falls under the SAFESPORT policy, then the matter will be reported to the USFS Safesport Committee to be filed in their records.

The "Applicable Board/Committee" for violations that occur at Synergy related events is the Synchro Oversight Committee, with rights to appeal to the Board as set forth in the Synchro Handbook. The "Applicable Board/Committee" for violations that occur at non-Synergy related events is the MEFSC Board. In the event it is unclear whether it is a Synergy or non-Synergy event, the MEFSC Board shall determine the appropriate Applicable Board/Committee.