

Appendix C

Absence Notification Form

Metro Edge Figure Skating Club, St. Louis Synergy

Knowing that Synergy has a zero absence policy and realizing that when I am gone my teammates cannot practice to the best of their ability, I have the following required school function, important family or religious commitment that prevents me from attending practice on the dates listed below.

This form is also to be used to inform the team manager and coaches of an illness or injury.

Date: _____

Name: _____

Team: Circle one:

Tot Beginner Preliminary Juvenile IJS Training Novice Intermediate

I will be absent from Practice on: _____

Due to: _____

Skater's Signature: _____

Parent's Signature: _____

Coach's Signature: _____